

# Choysez Express

*For the year 2011*

## Partnership with Morpeth Football Club

Our young people are set to benefit from a recently formed partnership with Morpeth Football Club. The agreement allows our young people access to the facilities at Craik Park and gives them the opportunity to take part in a range of activities including football training, cycling, orienteering,

and hiking. Choysez Centre Manager Chris Conroy said: "We have been working with Morpeth Town Football Club for some time in setting up the use of the facility and it will be a huge bonus to all of the youngsters both on the sporting and educational front."



## Personal and Social Development

Choysez recently piloted the ASDAN PSD Qualification with two different groups, one of girls and one mixed. The programme proved to be very popular among the young people, who were taught how they could improve their lives. The girl group chose to take part in the healthy eating module, for which they learnt about balanced diets and explored how to encourage young people to eat more fruit and vegetables. This has allowed the young people involved to re-engage with education whilst also raising their self-esteem and confidence. Paige, from the girls group, said, "It's been brilliant and a good



experience for me to work with other young people, having the staff working with me and not getting pushed aside. The course has helped me, has had a positive effect on my life and has changed me for the better. I eat healthy meals now, am more active and make more positive choices."

## Artwork Exhibition

Our members have been involved in a local project for young people, for which they have created artwork to be displayed Woodhorn, drawing inspiration from their visits to the museum and to a former colliery.



The young people have worked with artists and illustrators, allowing them to learn to express themselves as well as gaining knowledge about the local heritage and improving their confidence in themselves.

This exhibition has been titled 'r38' which, in computer programming language Leet, means 'create'.